



B.R.I.D.G.E.S.

Building Relationships Intentionally to **D**evelop
Growth and **E**xemplary **S**ervices

{August 2019}



FORECAST

WELCOME!

August, the eighth month of the current Gregorian calendar and the third month of summers rule, derives its name from Augustus (Augustus Caesar). The traditional birthstone amulets of August are the peridotite and the sardonyx; and the gladiolus and the poppy are the month's traditional flowers.

August also contains "Shark Week."

Pictured below is a scene from Sharknado



FYI:

The Ohio Department of Developmental Disabilities (DODD) would like to highlight a U.S. Department of Housing and Urban Development (HUD) grant opportunity that provides \$150 million in funding to be used for new Section 811 Housing Choice Vouchers (known as Mainstream Vouchers) to assist non-elderly people with disabilities who are transitioning out of institutional or other segregated settings, at serious risk of institutionalization, currently experiencing homelessness, previously experienced homelessness, currently residing in a permanent supportive housing or rapid rehousing project, or at risk of experiencing homelessness.

RULE UPDATE: Required Reading

Provider certification

This rule establishes procedures and standards for certification of providers of supported living services including home and community-based services provided in accordance with section 5123.045 of the Revised Code.

DID YOU KNOW?

Report Fraud of DODD Services

Medicaid fraud is when a Medicaid provider knowingly makes false or misleading statements to get reimbursement from the medical assistance program, including billing for services not provided, charging Medicaid more than the reasonable value of the services, and providing services that were medically unnecessary. To report a concern of fraud related to DODD services, call 614-466-6670 or send an email to reportfraud@dodd.ohio.gov.

Report a concern about fraud that is not related to DODD services by [reporting online](#) to the Ohio Attorney General's Office.



GUIDES



Sarah Millimen is the newest staff person to join the Provider Support team as a Provider Support Specialist. She began her career working with residential and day service Providers in Minnesota and in Ohio. She held a variety of positions during the 16 years she worked in that capacity including Job Coach, Direct Support Professional, and Manager. Sarah began working for the Board approximately 2 ½ years ago as a Service and Support Administrator. In February 2019, she transitioned to the Provider Support department as a Provider Support Specialist.

When she is not working, she is kept very busy caring for her husband and four children. When she has a spare moment, Sarah enjoys watching the Marvel movies, researching more information on Trauma Informed Care, and enjoying a glass of her favorite red wine.



LAMPPOST

Agency Providers – Compliance – New Registry check

Please be aware that there is a newly added registry check for the Ohio Department of Medicaid Exclusion and Suspension List, so there are now 7 registry checks that must be completed before a direct service worker is hired, and every 5 years (unless employees are verified as enrolled in ARCS). The Ohio Department of Medicaid Exclusion and Suspension list can be accessed from: <https://medicaid.ohio.gov/provider/EnrollmentandSupport/ProviderExclusionandSuspensionList>

*Make sure to access the most recent update

How to evidence that the registry was verified?

For compliance purposes, DODD would accept provider created documentation showing the date the registry check was completed, the name of the person completing the registry check, the name of the person being checked, and the result of the check. This information was provided from DODD memo (6/27/19) – Office of System Support and Standards (OSSAS).

*While this requirement is not yet part of the regulatory compliance tool, the department wanted to inform providers of what will determine compliance in the future under the new requirement.



KUDOS



TO

iConnect for their outside the box thinking in filling a need within the DD community with their iAM LGBTQ Rec group.



TRAINING

Attached is the August training calendar. We hope to see you at some of our presentations this month!

Thursday August 8 “**Service Documentation**” from 1:30-3:00. This required training is being offered “live” again. Service Documentation is a requirement within 60 days of first providing services; a provider must be trained in service documentation and billing for services in this timeframe. This training will meet

the requirement for Service Documentation. The training will look at the rule for service documentation (5123:2-9-06) and the rule for Unusual Incident Reporting (5123:2-17-02). Participants will gain an understanding of the required elements for documentation and sample forms. This training will also include the elements of writing an Unusual Incident Report.

Thursday August 8 **“Back to the Basics”** from 9:00-12:00 **or** 1:00-4:00. This session’s topic is **Adult Day: Thinking Outside the Box** – How do we help individuals move into the workforce? Where do we start? What are the requirements for providing adult day services? Subject matter experts will discuss the delivery of adult day services and how to ensure that your services meet the requirements of the rules. *To register for this training, please click on this link:* [Back to Basics-August 2019 Registration links](#)

Tuesday August 20 **“My Socks Feel Funny – Learning about Sensory Interventions”** from 1:30-3:30. This presentation will help those in attendance to help address sensory issues for those they serve. Attendees will understand signs and symptoms of Sensory Processing Disorder, and learn how to make accommodations in the environment to assist individuals to feel calm and comfortable. An assessment will be shared to help identify areas of concern, as well as tips and techniques to help address those areas. (LSW/LPC CEUs available)

Wednesday August 21 **“Good Life Session: Eat the Frog and Be a Duck”** from 10:00-11:30. As Providers, you help individuals to live a Good Life. In the Good Life arena, we use funny phrases like “Eat the Frog” and “Be a Duck” which help remind us how to handle difficult situations. Come to an interactive and entertaining presentation to help you develop these skills!

Tuesday August 27 **“De-Escalation Training”** from **1:00-3:00**. Tristin Crawley

from the Family and Child Abuse Prevention Center is returning with another valuable training topic! During this session, participants will learn about what leads to escalating behaviors, stress, and anger management. Participants will learn ways to use de-escalation techniques to avoid aggression and other dangerous actions which could lead to MUIs. (LSW/LPC CEUs pending)

The full August calendar can be accessed at the following link: https://gallery.mailchimp.com/46f9edd74ac726fdf457dfe0f/files/72015af3-b134-4328-9285-524f714c2a7e/AUG_2019_Training_Calendar.pdf

An "**Employment and Community Life Engagement Training Series**" flyer is linked below for a series of trainings hosted by the Clearwater COG. These include:

- "An In Depth Look at Career Planning" (August 8)
- "Job Coaching Basics" (September 17)
- "Mapping Your Success - Planning for the Future of your Organization" (October 7)
- "Community Connections - Thinking Outside the Box" (November 19)

All of these will be held at Blanchard Valley Training Center in Findlay. Registration information is included on this flyer: https://gallery.mailchimp.com/46f9edd74ac726fdf457dfe0f/files/27367d65-3d91-4527-84b1-8a9d34be05b1/Employment_Training_Series.pdf



FIRST AID STATION

EyeHealth

About one person in three has some form of vision-reducing eye disease by the age of 65. The most common causes of vision loss among the elderly are age-

related macular degeneration, glaucoma, cataract and diabetic retinopathy. Vision impairment is associated with a decreased ability to perform activities of daily living and an increased risk for depression. Regular dilated eye examinations can detect eye diseases in their early stages before vision loss occurs. Age-related macular degeneration causes loss in the center of the field of vision. You cannot see fine details, whether you are looking at something close or far, but your side vision will still be normal. Glaucoma is a group of diseases that can damage the eye's optic nerve and result in vision loss and blindness. It is usually associated with high pressure in the eye and affects side or peripheral vision. A cataract is a clouding of the lens in the eye. Vision with cataract can appear cloudy or blurry, colors may seem faded and you may notice a lot of glare. Diabetic retinopathy occurs when diabetes damages the tiny blood vessels inside the retina. Diabetic eye disease is a leading cause of blindness.



PATH TO SUCCESS

Eat the Frog

Becoming comfortable dealing with the uncomfortable challenges we face in our day to day lives is quite the challenge in and of itself! Procrastination becomes the mainstay of many as we put off dealing with things we must do but do not want to do. It requires a shift in thinking to eat the frog when it's still a tadpole instead of waiting until it has become a full grown frog; however, once this shift in thinking is achieved, it can change our personal lives as well as slowly change the entire culture of an organization as the people within it begin to change themselves. The Good Life tenant called "Eat the Frog" teaches us that, in general, most of us tend to choose the path of least resistance and less discomfort. This plan may work if you never have to make an important decision, or never want to grow as person, grow as an organization, or grow as a field of service; if you've never taken the path of discomfort...how will you know the way back from it and how do you ever get anything of lasting value done?

Procrastination lives on the path of least resistance and is the best friend of guilt and fear because those things hold us back from ever getting the job done. Here

are just a few of the ways we can “eat the frog” and cause a shift in our thinking as we live with intentionality:

- Deal with issues /concerns up front
- Don't let the negative and oppositional person (Black Hat) gain momentum and destroy what is possible
- Don't let the controlling person (Red Hat) intimidate you
- Don't let apathy (White Hat) move into your psyche
- Negative cultures & people will be well nourished and grow if not dealt with as needed
- To make things easier for yourself, eat the frog early while it's still a tadpole



SHOOTING STAR

Perspective is an incredibly powerful tool. It tempers how we receive information, and guides what we choose do with it.

T.A. Sorensen

When people cared about each other, they always found a way to make it work.

Nicholas Sparks



RESOURCES

Helpful provider information is always available at the following websites:

DODD: <http://www.dodd.ohio.gov/Pages/default.aspx#>

Lucas CBDD: <https://lucasdd.info/> (Click on "Provider Supports")