

Services Provided by the



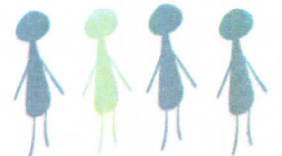
Wellness Program



The Wellness Program takes on the fight against diabetes through **prevention** and **disease management**. Our program offers several services to approach the ever growing concern of diabetes.

Reimbursement Programs for Eligible Employees*

- Health Club Classes/Membership/Fitness Contract - up to 50%
- Weight Loss Contracts for Weight Watchers - up to 50%
- Free On-Site Exercise Classes (Yoga, Piyo, POUND, Zumba, RIPPED)
- Smoking Cessation - 100% reimbursement (up to \$195)
- Diabetes Case Management Program
 - 100% reimbursement for diabetes education, nutrition and weight management classes



*In order to be eligible, you must meet with a health coach and sign a contract.

Drug Use Review Program Benefits

- Lowest cost on prescription drug co-pays
- 90-day supply of Tier I & II medications at the 30 day supply co-payment
- \$350 out of pocket cap on Tier II medications & \$500 out of pocket cap on Tier III medications
- Up to \$50 in coupons good toward Tier II co-pays
- Free test strips and lancets for patients with diabetes



Contact us at: (419) 213 - 2088 or hcoach@co.lucas.oh.us

