



Lucas County  
Board of  
Developmental  
Disabilities

# Calendar 2019



# January 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 New Year's Day Holiday	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21 Martin Luther King Holiday	22	23	24	25	26
27	28 Board of DD Meeting	29	30	31		

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# February 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2 Groundhog Day
For the latest information about Board of DD activities download our free mobile app from Google Play or the Apple App Store.						
3	4	5	6	7	8 Dinner Dance	9
10	11	12	13	14 Valentine's Day Special Olympics State Winter Games	15	16
17	18 Presidents' Day Holiday	19	20	21	22	23
24 Community Film Fest	25 Board of DD Meeting	26	27	28		



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# March 2019

## Developmental Disabilities Awareness Month

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		Before going to bed on March 9 remember to put your clocks ahead one hour! It's time again for Daylight Saving Time!			1	2
3	4	5 Advocacy Day at the Statehouse	6	7	8	9
10 Daylight Saving Time begins	11	12 Family & Advocate Forum	13	14	15	16
17 St. Patrick's Day	18	19	20 Rec Jam	21	22	23
24	25 Board of DD Meeting	26	27	28	29	30
31						

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# April 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19 Good Friday Holiday	20 Passover Begins
21 Easter	22 Board of DD Annual Meeting	23	24	25	26	27
28	29	30	Do you have an unresolved issue? Maybe the Ombudsman can help. Call 419-381-5201			



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# May 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
5 Cinco de Mayo	6	7	8	9	10	11
12 Mother's Day	13	14	15	16	17 Dinner Dance	18 Armed Forces Day
19	20 Board of DD Meeting	21	22	23	24	25
26	27 Memorial Day Holiday	28	29	30	31	



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# June 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4	5	6	7	8
9	10	11 Family & Advocate Forum	12 Rec Jam	13	14 Flag Day	15
16 Father's Day	17	18	19	20	21	22
23	24 Board of DD Meeting	25	26	27	28 Special Olympics State Summer Games	29
30	Keep up to date! Subscribe to the Board's free e-mail newsletter, the Friday Update. To subscribe, send your e-mail address to <a href="mailto:comments@lucasdd.org">comments@lucasdd.org</a>					



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# July 2019


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Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4 Independence Day Holiday	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31	Do you have an unresolved issue? Maybe the Ombudsman can help. Call 419-381-5201		



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# August 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	 Find us on Facebook <a href="http://www.facebook.com/LucasCountyDD">www.facebook.com/LucasCountyDD</a>			1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26 Board of DD Meeting	27	28 Rec Jam	29	30	31



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# September 2019

## Fetal Alcohol Spectrum Disorder Awareness Month

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 Labor Day Holiday	3	4	5	6	7
8	9	10 Family & Advocate Forum	11	12	13	14
15	16	17	18	19	20	21
22	23 Board of DD Meeting	24	25	26	27	28
29	30 Rosh Hashanah					

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# October 2019

## Disabilities Employment Awareness Month Down Syndrome Awareness Month

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
Keep up to date! Subscribe to the Board's free e-mail newsletter, the Friday Update. To subscribe, send your e-mail address to <a href="mailto:comments@lucasdd.org">comments@lucasdd.org</a>						
6	7	8 Yom Kippur	9	10	11	12
13	14 Columbus Day	15	16	17	18 Dinner Dance	19 Sweetest Day
20	21	22	23	24	25	26
27	28 Board of DD Meeting	29	30	31 Halloween		



# November 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	Remember, before going to sleep on November 2 put your clocks back one hour for the end of Daylight Saving Time.				1	2
3 Daylight Saving Time ends	4	5	6	7	8	9
10	11 Veterans Day	12 Public Hearing on the 2020 Action Plan	13	14	15	16
17	18	19	20	21	22	23
24	25 Board of DD Meeting	26	27	28	29 Thanksgiving Holiday	30



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# December 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16 Board of DD Meeting	17	18	19	20	21
22	23 Hanukkah Begins	24-25 Winter Holiday Break. Board facilities closed December 24-January 1		26 Christmas	27	28
29	30 Winter Holiday Break	31				



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# Bill of Rights for Persons with Developmental Disabilities

- I. Be treated nicely at all times and as a person
- II. Have a clean safe place to live in and a place to be alone
- III. Have food that is good for you
- IV. Be able to go, if you want, to any church, temple, mosque
- V. Be able to go to a doctor or dentist when you are sick
- VI. Be able to have people help you with the way you walk, talk, do things with your hands, act or feel, if you need it
- VII. Be able to have people help and teach you, if you want
- VIII. Be able to have time and a place to go to be by yourself
- IX. Be able to call, write letters or talk to anyone you want about anything you want
- X. Be able to have your own things and be able to use them
- XI. Be able to have men and women as friends
- XII. Be able to join in activities and do things that will help you grow to be the best person you can be
- XIII. Be able to work and make money
- XIV. Be treated like everyone else
- XV. Not be hit, yelled at, cursed at, or called names that hurt you
- XVI. Be able to learn new things, make friends, have activities to do, and go out in your community
- XVII. Be able to tell people what you want and be part of making plans or decisions about your life
- XVIII. Be able to ask someone you want to help you, let others know how you feel or what you want
- XIX. Be able to use your money to pay for things you need and want with help, if you need it
- XX. Be able to say yes or no before people talk about what you do at work or home or look at your file
- XXI. Be able to complain or ask for changes if you don't like something without being afraid of getting in trouble
- XXII. Not be given medicine that you don't need, or be held down if you are not hurting yourself or others
- XXIII. To vote and learn about laws and your community
- XXIV. To say yes or no to being part of a study or experiment.



1154 Larc Lane  
Toledo, OH 43614

[www.LucasDD.org](http://www.LucasDD.org)



*The Lucas County Board of Developmental Disabilities is an Equal Opportunity Employer and Provider of Services.*